

Russian Society of Psychiatrists following our previous statement regarding situation in the Ukraine, would like to confirm that we are doing our best to fulfil our duty and to provide with the best possible mental health care all those who need it regardless their nationality and political belongings. RSP supports appeal that the human rights of patients with mental illness are guaranteed and that the medical doctors, psychiatrists and Red Cross is allowed free access to all possible sites where medical help is needed. In order to reduce the burden of the conflict on this vulnerable population (500 000 refugees in our territory only) quickly and efficiently we organized a network of help centers (Please, see attached LIST OF THE RUSSIAN MENTAL HEALTH SERVICES FOR PEOPLE IN NEED AND REFUGEES). We are also opened for all kinds of help and collaboration with our colleagues psychiatrists abroad if it will serve the protection of mental health of patients (provision of medicines, literature, webinars, counseling and psychological assistance, telemedicine services, etc.) RSP looks to a speedy end to hostilities and the possibility of better care for the mentally ill.

LIST OF THE RUSSIAN MENTAL HEALTH SERVICES FOR PEOPLE IN NEED AND REFUGEES

1. V. M. Bekhterev National Research Medical Centre for Psychiatry and Neurology www.bekhterev.ru, tel +7 812 670-02-20
2. The Serbsky State Scientific Center for Social and Forensic Psychiatry <http://www.serbsky.ru> hotline for persons in emergencies 24/7 +7495 637-70-70
3. I. P. Pavlov City psychiatric hospital N7, Saint-Petersburg provides and coordinates mental health services for refugees and all people in need Tel 24/7 helpline 007812323-43-43, psychotherapeutic centre 007812323-47-38
Skype online consultation 007(812327-30-00
Online acute helpline for children and adults 0078812708-40-41
("Psychotherapeutic Institute Harmony")
Crisis helpline 007812322-94-97 from 10:00 to 20:00
4. «Republican clinical mental health centre of the Udmurtia Ministry of health» provides mental health services in Udmurtia republic and its main cities Izhevsk, Glazov, Votkinsk, Moga

Clinical psychology department, head Pugovkina Svetlana Alexeevna
Tel 24/7 +7 (904) 277-45-09

24/7 functioning department of crisis psychotherapeutic and psychological care Helpline 8-800-100-0906

Anonymous online chart site address сайт <https://перезагрузистресс.рф/>

5. V. M. Bekhterev Republican Clinical Psychiatric Hospital, Kazan
24/7 Helpline 8(843) 279 55 80, head of the service Kalmikov Yurii Alexeevich
6. Orenburg regional clinical psychiatric hospital №1 Helpline from 9/00 a.m. to 17.00 p.m 007 3532 40-15-15
7. Orenburg regional clinical psychiatric hospital №2 24/7 Helpline 007 3532 40-22-22
8. Orenburg regional clinical psychiatric hospital №3 24/7 Helpline 007 3537-28-75-02
9. K. R. Evgrafov Regional clinical psychiatric hospital . Crisis intervention Centre
Out-patient psychiatric unit Chernyaeva Tatyana Mikhailovna 007841-236-77-42
In-patient psychiatric unit Aparkina Irina Vasilyevna 007841-236-77-34
Psychotherapeutic unit Kibitkina Olesya Evgenievna 007841-236-77-53
10. Nonnominal chief psychiatrist of the Chechenian republic Idrisov Kyiri Arbievitcht has 5 years of experience of providing mental health services in the refugee camps during the military conflict in Chechnya mobile phone +7-928-087-56-08 reception 007 871229-59-25
11. Bashkortastan republican clinical psychiatric hospital, Clinical psychology department, Head Isyandavletove Ilmira Ravilevna 007 347295-02-36
24/7 helpline 8-800-7000-183.
12. P. P. Kaschenko Psychoneurological hospital N1, Nignii Novgorod tel. 007 831 466-73-05, 8910-386-39-17
13. Clinical psychiatric hospital N1 Nignii Novgorod tel 007 831419-24-74, 8920-253-49-29
14. Clinical psychiatric hospital N2 Nignii Novgorod tel 007910-384-61-69
15. Psychoneurological dispensary Nignii Novgorod 007831332-76- 17, 8951-916-35-80 Helpline 007831 419-50-00.
16. Perm Regional Crisis intervention centre 24/7 helpline tel. 8-800-200-8-911.
Out patient mental health services tel : +7342281-26-66
17. Vologda regional psychiatric hospital out-patient unit, head Kudryasheva Larisa Valerievna tel.: 007172 21-75-80

Psychiatric day hospital, head Loginova Elena Anatolievna tel.:007 8172) 8-951-732-42-24.

18. Cherepovets psychoneurological dispensary № 1, stress disorders department, head Ershov Ilya Alexandrovich 007 8202 49-05-77 ext150
19. Mordovia social-psychological service centre helpline 24/7 tel.: 007 834238-01-50 site: www.psihologpom-rm.ru.
20. Astrakhan regional psychiatric hospital, clinical psychology department, head Stus Elena Anatolievna tel.: +7 967 333-52-15
21. Volgograd regional psychiatric hospital N1
Kartoshkin Pavel Viktorovich +7-927-516-62-92
Akhmedov Eldar Nurievich +78442 46-18-27
Kosogonova Natalya Vladimirovna +78442 70-56-68
Chernaya Natalya Alexandrovna 8-902-653-66-52
Vinter Olga Vladimirovna +78442 27-13-41
Gorelik Andrey Markovich +78442 23-01-41
Alaberdiev Denis Viktorovich +78442 42-18-29
Zimin Andrey Vladimirovich +7844262-62-10
Kondratiev Igor Valerievich 8-927-251-80-61
Misurin Valery Gennadievich 8-927-513-98-67